

# January

## Little Flower Manor 2nd and 4th Floor Activity Calendar January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Calendar Delivery</b> 9:30 Music N' Motion F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Horse Shoes 4th F 6:30 Card Games 2nd F <i>New Year Day</i>	<b>2</b> 9:30 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Polka Jets FSR</b> 3:30 Humor 4th F	<b>3</b> 9:30 Morning Exercise F 10:40 Rosary C 11:15 Mass C 2:00 <b>St. Luke's Choir FSR</b> 3:30 Target Toss 4th F 6:30 Games 2nd F	<b>4</b> 10:00 Adoration C 10:40 Rosary C 11:00 Benediction C 11:15 Mass C 2:00 Bingo FSR 3:30 Hand Massages and Music 4th F	<b>5</b> 9:30 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR
<b>6</b> 9:30 <b>Coffee and Chat 2nd F</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR	<b>7</b> 9:30 Current Events F 10:00 Trivia F 10:40 Rosary C 11:15 Mass C 2:00 Bowling 4th F 3:30 Ball Toss 4th F	<b>8</b> 9:30 Music N' Motion F 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie FSR</b> 3:30 Horse Shoes 4th F 6:30 Card Games 2nd F	<b>9</b> 9:30 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Windfall FSR</b> 3:30 Crosswords 4th F	<b>10</b> 9:30 <b>Exercise with Doreen FSR</b> 10:40 Rosary C 11:15 Mass C 2:00 <b>Reverend Zanicky C</b> 3:30 Bowling 4th F 6:30 Games 2nd F	<b>11</b> 9:30 Sing Along F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Hand Massages and Music 4th F	<b>12</b> 9:30 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR
<b>13</b> 9:30 Board Games F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR	<b>14</b> 9:30 Current Events F 10:00 Word Games F 10:40 Rosary C 11:15 Mass C 2:00 Sing Along 4th F 3:30 Balloon Toss 4th F	<b>15</b> 9:30 Music N' Motion F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Basketball 4th F 6:30 Card Games 2nd F	<b>16</b> 9:30 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Joe Stanky &amp; the Cadets FSR</b> 3:30 Humor 4th F	<b>17</b> 9:30 Sing Along F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Target Toss 4th F 6:30 Games 2nd F	<b>18</b> 9:30 Sing Along F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Hand Massages & Music F	<b>19</b> 9:30 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 <b>Jack Need FSR</b>
<b>20</b> 9:30 <b>Coffee and Chat 2nd F</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR	<b>21</b> 9:30 Current Events F 10:00 Trivia F 10:40 Rosary C 11:15 Mass C 2:00 Sing Along 4th F 3:30 Ball Toss 4th F	<b>22</b> 9:30 Music N' Motion F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Horse Shoes 4th F 6:30 Card Games 2nd F	<b>23</b> 9:30 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Roy Ramos FSR</b> 3:30 Crosswords 4th F	<b>24</b> 9:30 Morning Exercise F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Bowling 4th F 6:30 Games 2nd F	<b>25</b> 9:30 Sing Along F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Hand Massages and Music 4th F	<b>26</b> 9:30 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR
<b>27</b> 9:30 Board Games F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR	<b>28</b> 9:30 Current Events F 10:00 Word Games F 10:40 Rosary C 11:15 Mass C 2:00 <b>Men's and Women's Group FSR</b> 3:30 Balloon Toss 4th F	<b>29</b> 9:30 Music N' Motion F 10:40 Rosary C 11:15 Mass C 2:00 <b>Resident Council and Table Talk FSR</b> 3:30 Basketball 4th F 6:30 Card Games 2nd F	<b>30</b> 9:30 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Birthday Party with Dennis Thorne FSR</b> 3:30 Humor 4th F	<b>31</b> 9:30 Morning Exercise F 10:40 Rosary C 11:15 Mass C 2:00 Bingo FSR 3:30 Games 2nd F	<b>FSR</b> - Four Seasons Room <b>MDR</b> - Main Dining Room <b>C</b> - Chapel <b>F</b> - Floor  Activity Calendar is subject to change.	

		<b>Little Flower Manor</b> <b>3rd Floor Activity Calendar</b> <b>January 2019</b>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>FSR</b> - Four Seasons Room <b>MDR</b> - Main Dining Room <b>C</b> - Chapel <b>F</b> - Floor <b>G</b> - Gazebo <b>P</b> - Patio		<b>1 Calendar Delivery</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 Sing Along F 3:30 Bean Bag Toss F 6:30 Spa Hour F 	<b>2</b> 10:00 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Polka Jets FSR</b> 2:00 Sensory Stimulation F 3:30 Games F 6:30 Hand Massages and Music F	<b>3</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>St. Luke's Choir FSR</b> 3:30 Bean Bag Toss F 6:30 Spa Hour F	<b>4</b> 10:00 Adoration C 10:00 Active Games F 10:30 Reminiscing F 10:40 Rosary C 11:00 Benediction C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Relaxation Group F 3:30 Balloon Toss F 6:30 Sentimental Reflections F	<b>5</b> 10:00 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Target Toss F 3:30 Games F 6:30 Hand Massages and Music F	
<b>Activity Calendar is subject to change.</b>							
<b>6</b> 10:00 <b>Coffee and Chat F</b> 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Kickball F 3:30 Music Group F 6:30 Aromatherapy F	<b>7</b> 10:00 Table Ball F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 Ball Toss F 3:30 Active Games F 6:30 Sing Along F	<b>8</b> 10:00 Morning Exercise F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie Day FSR</b> 2:00 Art Group F 3:30 Basketball F 6:30 Relaxation Group F	<b>9</b> 10:00 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Windfall FSR</b> 2:00 Sensory Stimulation F 3:30 Games F 6:30 Hand Massages and Music F	<b>10</b> <b>9:30 Exercise w/Doreen Rakowski FSR</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Reverend Zanicky C</b> 3:30 Ring Toss F 6:30 Spa Hour F	<b>11</b> 10:00 Active Games F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Relaxation Group F 3:30 Balloon Toss F 6:30 Sentimental Reflections F	<b>12</b> 10:00 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Target Toss F 3:30 Games F 6:30 Hand Massages and Music F	
<b>13</b> 10:00 Table Bowling F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Kickball F 3:30 Music Group F 6:30 Aromatherapy F	<b>14</b> 10:00 Table Ball F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie Day FSR</b> 2:00 Sentimental Reflections F 3:30 Active Games F 6:30 Sing Along F	<b>15</b> 10:00 Morning Exercise F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Art Group F 4:00 Horseshoes F 6:30 Relaxation Group F	<b>16</b> 10:00 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Joe Stanky and the Cadets FSR</b> 2:00 Sensory Stimulation F 3:30 Games F 6:30 Hand Massages & Music F	<b>17</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 3:30 Bean Bag Toss F 6:30 Spa Hour F	<b>18</b> 10:00 Active Games F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Relaxation Group F 3:30 Ball Toss F 6:30 Sentimental Reflections F	<b>19</b> 10:00 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 <b>Jack Need FSR</b> 2:00 Sensory Stimulation F 3:30 Games F 6:30 Hand Massages and Music F	
<b>20</b> 10:00 <b>Coffee and Chat F</b> 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Kickball F 3:30 Music Group F 6:30 Aromatherapy F	<b>21</b> 10:00 Table Ball F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie Day FSR</b> 3:30 Active Games F 6:30 Sing Along F	<b>22</b> 10:00 Morning Exercise F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Art Group F 3:30 Basketball F 6:30 Relaxation Group F	<b>23</b> 10:00 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Roy Ramos FSR</b> 3:30 Games F 6:30 Hand Massages & Music F	<b>24</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Sing Along F 3:30 Ring Toss F 6:30 Spa Hour F	<b>25</b> 10:00 Active Games F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Relaxation Group F 3:30 Balloon Toss F 6:30 Sentimental Reflections F	<b>26</b> 10:00 Art Group F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 3:30 Games F 6:30 Hand Massages and Music F	
<b>27</b> 10:00 Table Bowling F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Kickball F 3:30 Music Group F 6:30 Aromatherapy F	<b>28</b> 10:00 Table Ball F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Men's and Women's Group FSR</b> 2:00 Sentimental Reflections F 3:30 Active Games F 6:30 Sing Along F	<b>29</b> 10:00 Morning Exercise F 10:30 Reminiscing F 10:40 Rosary C 11:15 Mass C 2:00 <b>Resident Council FSR</b> 2:00 Art Group F 3:30 Horse Shoes F 6:30 Relaxation Group F	<b>30</b> 10:00 Manicures and Music F 10:40 Rosary C 11:15 Mass C 2:00 <b>Birthday Party with Dennis Thorne FSR</b> 3:30 Games F 6:30 Hand Massages and Music F	<b>31</b> 10:00 Morning Exercise F 10:30 Sensory Stimulation F 10:40 Rosary C 11:15 Mass C 2:00 <b>Bingo FSR</b> 2:00 Sing Along F 3:30 Ring Toss F 6:30 Spa Hour F			

# January

## Saint Therese Residence Activity Calendar January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Calendar Delivery</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 6:30 Bingo L 	<b>2</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Polka Jets FSR</b> 6:30 Card Games L	<b>3</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>St. Luke's Choir FSR</b> 7:00 Happy Hour L	<b>4</b> 9:30 Morning Exercise T 10:00 Adoration C 10:40 Rosary C 11:00 Benediction C 11:15 Mass C 2:00 Bingo L 6:30 Card Games L	<b>5</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L
<b>6</b> 9:30 <b>Coffee and Chat L</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>7</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Cooking Group - Banana Bread T</b>	<b>8</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>House Meeting L</b> 6:30 Bingo L	<b>9</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Windfall FSR</b> 6:30 Card Games L	<b>10</b> 9:30 <b>Exercise with Doreen Rakowski FSR</b> 10:40 Rosary C 11:15 Mass C 2:00 <b>Reverend Zanicky C</b> 7:00 Happy Hour L	<b>11</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 6:30 Card Games L	<b>12</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L
<b>13</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>14</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie Day T</b>	<b>15</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 6:30 Bingo L	<b>16</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Joe Stanky and the Cadets FSR</b> 6:30 Card Games L	<b>17</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 7:00 Happy Hour L	<b>18</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 6:30 Card Games L	<b>19</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Jack Need FSR</b>
<b>20</b> 9:30 <b>Coffee and Chat L</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>21</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Cooking Group - Chocolate Muffins T</b>	<b>22</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 6:30 Bingo L	<b>23</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Roy Ramos FSR</b> 6:30 Card Games L	<b>24</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 7:00 Happy Hour L	<b>25</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 6:30 Card Games L	<b>26</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L
<b>27</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>28</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Trivia P	<b>29</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Birthday Party with David Vetack L</b> 6:30 Bingo L	<b>30</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 6:30 Card Games L	<b>31</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 7:00 Happy Hour L	<b>FSR - Four Seasons Room</b> <b>DR - Dining Room</b> <b>T - Terrace</b> <b>L - Lobby</b> <b>C - Chapel</b> <b>P - Parlor</b>  Activity Calendar is subject to Change.	



## Saint Therese Residence Whispering Hope Activity Calendar January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FSR</b> - Four Seasons Room <b>DR</b> - Main Dining Room <b>C</b> - Chapel <b>T</b> - Terrace  Activity Calendar is subject to change.		<i>New Year's Day</i>				
<b>6</b> 9:30 <b>Coffee &amp; Chat L</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>7</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Cooking Group - Banana Bread T</b> 4:00 Active Games T	<b>8</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 4:00 Current Events T	<b>9</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Windfall FSR</b> 4:00 Evening Stretch T	<b>10</b> 9:30 <b>Exercise with Doreen Rakowski FSR</b> 10:40 Rosary C 11:15 Mass C 2:00 <b>Reverend Zanicky C</b> 4:00 Aromatherapy T	<b>11</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Word Games T	<b>12</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Homemakers T
<b>13</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Movie T 4:00 Reminiscing T	<b>14</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Movie Day FSR</b> 4:00 Active Games T	<b>15</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 4:00 Current Events T	<b>16</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Joe Stanky &amp; the Cadets FSR</b> 4:00 Evening Stretch T	<b>17</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Sensory Stimulation T	<b>18</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Trivia T	<b>19</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Jack Need FSR</b> 4:00 Homemakers T
<b>20</b> 9:30 <b>Coffee &amp; Chat L</b> 10:40 Rosary C 11:15 Mass C 2:00 Bingo L	<b>21</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Cooking Group - Chocolate Muffins</b> 4:00 Active Games T	<b>22</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Manicures and Music T 4:00 Current Events T	<b>23</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Roy Ramos FSR</b> 4:00 Evening Stretch T	<b>24</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Aromatherapy T	<b>25</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Word Games T	<b>26</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Homemakers T
<b>27</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Movie T 4:00 Reminiscing T	<b>28</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Art Group T 4:00 Active Games T	<b>29</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 <b>Birthday Party with David Vetack L</b> 4:00 Current Events T	<b>30</b> 9:30 Morning Exercise T 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Evening Stretch	<b>31</b> 9:30 Morning Exercise F 10:40 Rosary C 11:15 Mass C 2:00 Bingo L 4:00 Sensory Stimulation T	<b>FSR</b> - Four Seasons Room <b>DR</b> - Dining Room <b>C</b> - Chapel <b>L</b> - Lobby <b>T</b> - Terrace  Activity Calendar is subject to change.	<b>Welcome New Residents!</b>